

# Lindum Colonia UK Chapter Ride Plan

Please give a copy of this page (or the whole form) plus a map of the route to TEC and Sweeper.

<b>Destination or ride name</b>				
<b>Ride date</b>		<b>Meeting point</b>		
<b>Meeting time</b>		<b>Leave at</b>		
<b>Road crew</b>		<b>Name</b>	<b>Mobile</b>	
	<b>Lead road captain</b>			
	<b>TEC</b>			
	<b>Sweeper</b>			
<b>Difficult junctions, drop offs or other features</b>				
<b>Known or likely hazards</b>				
<b>Planned refreshment stops</b>	<b>Place</b>	<b>Approx. time</b>	<b>Tel no.</b>	<b>Postcode</b>
<b>Fuel plan</b>	<b>Place</b>	<b>Approx. miles from start</b>		
<b>End of ride</b>	<b>Place</b>	<b>Post code</b>	<b>Approx. time</b>	<b>Total miles</b>
<b>Personal pre-ride checklist</b>	RC's Vest <input checked="" type="checkbox"/> Plans and maps for TEC and Sweeper <input checked="" type="checkbox"/> Sign-in and release forms <input checked="" type="checkbox"/> Pen <input checked="" type="checkbox"/> FTEB <input checked="" type="checkbox"/> Phone charged <input checked="" type="checkbox"/> Route in Satnav if used <input checked="" type="checkbox"/> First aid kit for sweeper <input checked="" type="checkbox"/>			
<b>Other notes</b>				

**Suggested model form of briefing** (Based on HOG Road Captains' Course notes)

(If it helps you can use this page as a template for your briefing and a reminder of what you plan to say)

Outline	Your notes
Welcome	
Introduce yourself, TEC and sweeper	
Check that everyone has signed the attendance sheet	
Brief route overview. <i>(Mention the highlights but it has all been advertised)</i>	
If you need to give numbers to the lunch venue, ask how many want to eat and get TEC to call and pre-order	
Tell them:	
<ul style="list-style-type: none"> <li>• Total mileage of ride</li> </ul>	
<ul style="list-style-type: none"> <li>• Time or distance to first stop</li> </ul>	
<ul style="list-style-type: none"> <li>• Where ride ends and what time</li> </ul>	
<ul style="list-style-type: none"> <li>• Where the trike(s) will ride (if any)</li> </ul>	
Fuel plan. <i>(Check for riders with small tanks)</i>	
Second man drop-off system	* See below. You must be satisfied though your knowledge of the riders in the group that all are experienced with this. If not, brief the entire group or ask another road captain on the ride to brief the less experienced riders separately
Any general reminders you wish to brief on	
Mention any known or expected hazards	
Anything else riders should know. <i>e.g. Places where there will be no drop-offs, difficult drop-offs, motorway exit numbers, long stretches without drop-offs, etc. etc. [This is last deliberately]</i>	
And finally <i>(Read this in full at the end of every briefing - this is required by HOG guidance and is for your own benefit and the Chapter's)</i>	<b>PLEASE REMEMBER THAT YOU ARE DEEMED TO BE IN CONTROL OF, AND RESPONSIBLE FOR, YOUR VEHICLE AND YOUR RIDING AT ALL TIMES IRRESPECTIVE OF ANY GUIDANCE OR INSTRUCTIONS FROM ANY MEMBER OF THE ROAD CREW. YOU MUST AT ALL TIMES RIDE WITHIN THE LAW AND OBEY ROAD TRAFFIC REGULATIONS.</b>

**Other points to consider for briefing**

*You do not have to remind riders of everything in the Group Riding Notes. Use your judgment depending on the experience of those on the ride. Below are some examples of things to consider*

1. Never ride beyond your own capabilities or at a speed at which you feel uncomfortable or unsafe.
2. Subject always to the above and while always keeping a safe distance between you and the rider in front, do not cause a big gap in the ride by not keeping up.
3. When ride stopped at junctions/traffic signals: close up.
4. No overtaking within the rideout.
5. The Snake: When overtaking on motorways or dual carriageways do not commandeer the overtaking lane; signal and pull out to overtake within a safe distance of the slower vehicle(s), adopt overtaking speed, when past, signal to return to previous lane but maintain overtake speed to allow following riders past slow vehicle. When all are past return to ride speed.
6. If you need to stop for any reason, signal and pull over. Signal the Sweeper to stop to assist (because he may not know you are in the ride). Remember that Roadside Assistance cover is a MUST.
7. If you need to leave the ride early, inform the road crew in advance.
8. Be aware that non-Chapter riders may find their way into the ride, hopefully only temporarily. Adjust position to accommodate them and help them on their way.
9. Always be courteous and acknowledge the courtesy of others.

#### **Outline Briefing on second man drop-off system**

1. Staggered formation distances: 2 seconds to rider in front, 1 second diagonally.
2. Give the Lead Road Captain a little more.
3. These are the minimum. A rider can increase the gap if they feel uncomfortable about this.
4. Double the separation distances in wet weather.
5. In staggered formation, second man adopts left hand file.
6. Explain arm signal by lead RC to drop-off.
7. Stop at indicated spot **if you judge it to be safe.**
8. Cancel indicator when dropped.
9. Give an arm signal to show riders the direction to go.
10. Wait until TEC arrives (yellow/orange vest). NEVER leave before this.
11. Rejoin in front of him/her if safe, otherwise join after TEC and sweeper and overtake them when safe.
12. TEC may raise his left arm to show that he has seen you and is letting you in. Take extra care if TEC does not do this.
13. After a drop-off, number three becomes number two and moves to left file.
14. In single file formation, riders must be at least two seconds apart. Double this in wet weather.
15. The Lead RC is not part of the formation. Second man should give the lead RC a bit more space.
16. No drop off for straight on junctions/ roundabouts. If straight on is ambiguous, then a drop off will mark direction.
17. No drop off if Lead RC can see TEC and sweeper.